



## Tower Stack Burgers

These mini burgers on a stick make a fantastic change to the traditional hamburger. Fun to make and ideal for smaller hands. Healthy, fun fast food!

Makes 4 towers

### You will need:

400g Minced beef (or a mixture of pork and beef)  
8 cream crackers  
1 free range egg  
1 garlic clove  
Small bunch of fresh parsley  
1 heaped teaspoon of tomato ketchup  
Salt and pepper to season  
6 mini bread buns  
8 slices of cheese  
Cherry tomatoes

### To Make

1. Place the crackers into a food bag and tie a knot to seal. Using a rolling pin, give the crackers a good bash until you are left with very fine crumbs.
2. Transfer the cracker crumbs into a large mixing bowl.
3. Remove the leaves from the parsley and finely chop. Add to the mixing bowl.
4. Use a garlic press or finely chop the garlic. Add to the mixing bowl.
5. Add the minced meat to the mixing bowl.
6. Add 1 heaped teaspoon of tomato ketchup.
7. Crack the egg into a small dish, whisk and add to the meat mixture.

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8. Give all the ingredients in the large mixing bowl a good stir and season with a little salt and pepper.
9. Shape the mixture into a large ball. Place on a chopping board and divide in to four equal pieces.
10. Shape each portion into two small patties about 2cm thick.
11. Place the burgers on a plate, cover with cling film and chill for 15 minutes.
12. When ready to cook, add 1 tablespoon of olive oil to a large frying pan on a medium heat. Add the burgers and cook for 4 minutes on each side, pressing down slightly with a spatula. Alternatively oven bake at 190°C for 15 minutes
13. Check the burgers are cooked all the way through to the middle. Use a spatula to place the burgers onto a plate.
14. Thread the ingredients onto a wooden kebab stick. The following order works well, but feel free to use your creativity – cherry tomato, top of the burger roll, slice of cheese, burger, bottom of the bread roll, slice of cheese, burger, bottom of the bread roll.
15. Your tower stack burgers are best eaten straight away!